- Ankowski, A., & Ankowski, A. (2016). *Letting go of learning styles.* http://www.pbs.org/parents/expert-tips-advice/2016/03/letting-go-learning-styles/
- Boyd, P. (2008, February). Do people only use 10 percent of their brains? *Scientific American.* Retrieved from https://www.scientificamerican.com/article/do-people-only-use-10percent-of-their-brains/.
- Costa, K. (2015). The art & science of quality course announcements: How to avoid the trap of the info dump. *Faculty Focus*. Retrieved from <u>http://www.facultyfocus.com/articles/online-education/the-art-science-of-quality-</u>announcements-how-to-avoid-the-trap-of-the-info-dump/
- Cox, R. (2009). *The college fear factor: How students and professors misunderstand each other.* Cambridge: Harvard University Press.
- Damasio, A. (2005). *Descartes' error: Emotion, reason, and the human brain.* New York: Penguin.
- Hardiman, M. (2012). *The brain-targeted teaching model for 21<sup>st</sup> century schools.* Thousand Oaks: Sage.
- Huffington, A. (2014). The sleep revolution. New York: Harmony Books.
- Johnson, J. & Rochkind, J. (2010). *With their whole lives ahead of them: Myths and realities about why so many students fail college.* Retrieved from http://www.publicagenda.org/files/theirwholelivesaheadofthem.pdf

Lieberman, M. (2013). Social: Why our brains are wired to connect. New York: Crown.

Medina, J. (2005). Brain rules. Seattle: Pear Press.

- Newton, P.M. (2015). The learning styles myth is thriving in higher education. *Frontiers in Psychology*. Retrieved from <u>http://dx.doi.org/10.3389/fpsyg.2015.01908</u>
- Pink, D. (2011). *Drive: The surprising truth about what motivates us*. New York: Penguin.
- Ratey, J. (2013). *Spark: The revolutionary science of exercise and the brain.* New York: Little, Brown, and Company.
- Shanker, S. (2015). *Self-reg: How to help your child (and you) break the stress cycle And successfully engage in life.* New York: Penguin.
- Taylor, J. B. (2008). *My stroke of insight: A brain scientist's personal journey.* New York: Penguin.